

# Laura L Tucker-Huggins, LPC-MHSP

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## PERSONAL STATEMENT

With experience that spans over twenty-five years, my focus has been supporting individuals, families, and couples during life's most difficult times. Through the implementation of evidence-based approaches from a wholistic framework, it is my belief that emotional and relational health and healing can be restored.

## LICENSE & CREDENTIALS

**Licensed Professional Counselor-Mental Health Service Provider (LPC-MHSP), ACS**  
TN-2227

## EDUCATION

**Trevecca Nazarene University**  
MA/Professional Counseling  
*December 2006*

**Middle Tennessee State University**  
BS/Psychology  
Minors/Social Work & Sociology  
*August 1995*

**Motlow State Community College**  
AS/Psychology University Parallel  
*December 1993*

## PROFESSIONAL QUALIFICATIONS

**Parenting Coordinator**  
*Trained Through the Association of Family and Conciliation Courts*

**Certified Child Custody Evaluator**  
*National Board of Forensic Evaluators*

**TN Supreme Court Rule 31 Listed Family Mediator**  
*Lipscomb University: Institute for Conflict Management*

**Forensic Interviewer**  
*National Child Advocacy Center*

**Expert Witness**

*Qualified in Bedford, Cannon, Coffee, Franklin, Rutherford, and Warren Counties*

**SASSI Certified in Administration & Scoring**

*Substance Abuse Subtle Screening Inventory*

**PROFESSIONAL ASSOCIATIONS**

**Association of Family and Conciliation Courts**

**American Association of Christian Counselors**

**Rutherford County Psychotherapy Association**

**National Board of Forensic Evaluators**

**Tennessee Licensed Professional Counseling Association**

**ACADEMIA & PROFESSIONAL DEVELOPMENT**

Abnormal Psychology

Adolescent Psychology

Family Violence

Family System Theory

Chemical Use/Abuse

Marital Therapy

Human Development

Crisis Intervention

Criminology

Psychopharmacology

Childhood Anxiety

Divorce & Adjustment

Bipolar Disorder

Personality Disorders

Group Therapy

Correctional Psychology

Effective Treatments

Dialectical Behavior Tx

Psychological Testing

Career & Vocational

Deviant Behavior

Advanced Psychotherapy

Psychological Research

Social Welfare

Interviewing Techniques

Sexuality

Therapeutic Techniques & Interventions

## **EMPLOYMENT**

### **Private Practice: Tucker-Huggins & Assoc**

*May 2010 to Present*

- Provide therapeutic mental health services to individuals, families and children utilizing a variety of methods to include cognitive behavioral therapy, dialectical behavior therapy, solution focused interventions, client education, communication skills training, and client centered/strengths based approaches.
- Manage business aspects of the practice consisting of lease negotiation, financial management, accounts receivable, insurance billing, marketing and advertising, and policies and procedures.
- Administrate and deliver family support services, primarily as a trainer and educator.
- Employ researched based forensic services consisting of child custody evaluations, parenting assessments, alcohol and drug assessments, forensic interviews and home studies.
- Support individuals and families in domestic disputes through providing court room testimony as an expert witness.

### **Generations Mental Health Center/Executive Director**

*December 2008 to May 2010*

- Provided therapeutic mental health services to individuals, families and children utilizing a variety of methods to include cognitive behavioral therapy, dialectical behavior therapy, solution focused interventions, client education, communication skills training, and client centered/strengths based approaches.
- Executive Director of three mental health facilities; supervising an overall staff of approximately 20 employees.
- Supervised mental health interns.
- Supported individuals and families in domestic disputes through providing court room testimony as an expert witness.
- Coordinated care of multiple residential facilities with services provided through the mental health center.
- Developed policies and procedures, along with coordinating forms to ensure accurate reporting and compliance with insurance requirements.
- Participated in strategic planning and development for the centers.

### **Private Practice: LifeSource Counseling Center**

*December 2007-December 2009*

- Provided therapeutic mental health services to individuals, families and children utilizing a variety of methods to include cognitive behavioral therapy, dialectical behavior therapy, solution focused interventions, client education, communication skills training, and client centered/strengths based approaches.
- Managed business aspects of the practice consisting of lease negotiation, financial management, accounts receivable, insurance billing, marketing and advertising, policies and procedures, and payroll.
- Delivered community based training and educational seminars.
- Employed researched based forensic services consisting of parenting assessment, alcohol and drug assessments, and home studies.

**Family Counseling Center/Clinical Director**

*December 2006-December 2007*

- Provided therapeutic mental health services to individuals, families and children utilizing a variety of methods to include cognitive behavioral therapy, dialectical behavior therapy, solution focused interventions, client education, communication skills training, and client centered/strengths based approaches.
- Developed documentation and forms to ensure ethical compliance with regard to patient information.
- Created advertising and marketing materials.
- Delivered community based training and educational seminars.
- Employed researched based forensic services consisting of parenting assessment, alcohol and drug assessments, and home studies.

**State of Tennessee/DCS FosterCare Supervisor**

*January 2003 to April 2006*

- Managed a staff of approximately 11 employees.
- Provided training and education for various units throughout the Rutherford County DCS staff, including Foster Care, CPS, and Juvenile Justice divisions.
- Attended juvenile court on a daily basis to supervise activities and provided testimony as required.
- Participated in community events to enhance knowledge and education regarding the department and it's overall function.
- Collected and compiled data necessary for state compliance mandated issues.
- Conducted family and team meetings that consisted on children, their family members, DCS staff, DCS management, CASA, and a number of legal representatives.
- Assigned and managed the cases of children and their families among the staff, providing oversight of each cases, conducting periodic reviews, identifying appropriate case goals to achieve permanency, and monitoring the progress of said goals.

**Omni Visions, Inc./Training and Recruiting Specialist**

*June 1999 to January 2003*

- Provided case management services for high risk youth and their families.
- Attended juvenile court on a consistent basis to report progress or challenges in particular cases, which included court testimony as required.
- Participated in community events to enhance knowledge and education regarding therapeutic foster care services and to recruit therapeutic foster families.
- Collected and compiled data necessary for state compliance mandated issues.
- Conducted family and team meetings that addressed goals for children and their families.
- Matched high risk youth with therapeutic foster families that were trained and educated on the issues relevant to a particular child and family.
- Trained families and individuals in techniques and skills necessary in providing services to high risk youth.
- Held monthly meetings to ensure compliance with state mandated rules and regulations within the therapeutic foster home setting, to provide training and educational opportunities for the care givers, and allow interact support for one another.

**Wilson County Youth/*Intensive Case Manager***  
*August 1997 to June 1999*

- Provided case management services for high risk youth and their families.
- Conducted home visits to ensure the safety and well-being of children within the program.
- Offered parent training and educational to address the specified behavioral issues of their children within the home.
- Implemented behavioral modification techniques to extinguish maladaptive behavioral patterns and increase positive behavior.
- Attended juvenile court on a consistent basis to report progress or challenges in particular cases, which included court testimony as required.
- Coordinated care in multiple settings including home, school, and child care facilities.

**South Central Services Agency/*Case Manager***  
*August 1995 to August 1997*

- Provided case management services for high risk youth and their families.
- Conducted home visits to ensure the safety and well-being of children within the program.
- Attended juvenile court on a consistent basis to report progress or challenges in particular cases, which included court testimony as required.
- Coordinated care in multiple settings including home, school, and child care facilities.
- Secured appropriate placement for children in state's custody which involved managing allotments of space, coordinating with various programs, and transportation of children to the identified residential facility.

**REFERENCES**

**Dr. Danita Hughes, Ed. D.**  
*2650 Memorial Boulevard*  
*Murfreesboro, TN 37129*  
*615-895-6942*

**Kathy Taylor, Sr. LPE**  
*232 Heritage Park Drive*  
*Murfreesboro, TN 37129*  
*615-631-7667*

**Deborah Driggs, LPC-MHSP**  
*1810 Ward Drive*  
*Murfreesboro, TN 37129*  
*931-581-0524*

**Lynette Womble, APRN**  
*208 Lane Parkway*  
*Shelbyville, TN 37160*  
*931-685-9277*